

FIG. 1

FIG. 2A
(Prior Art)

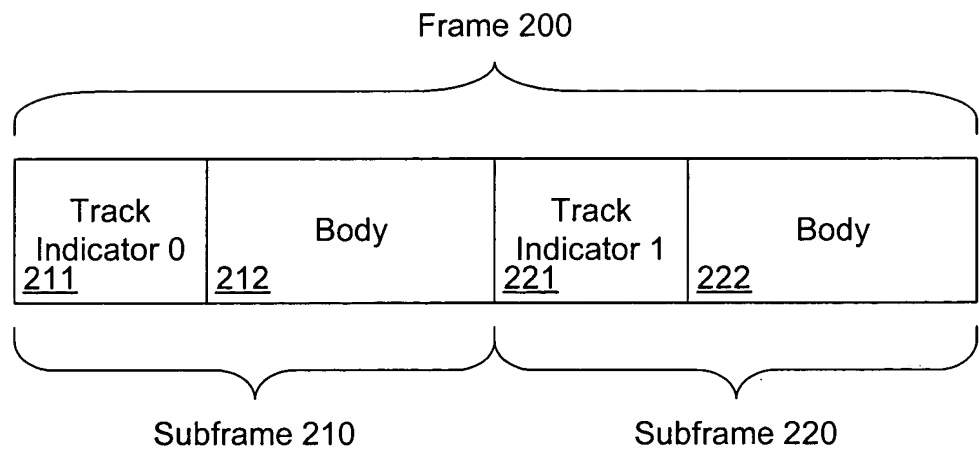
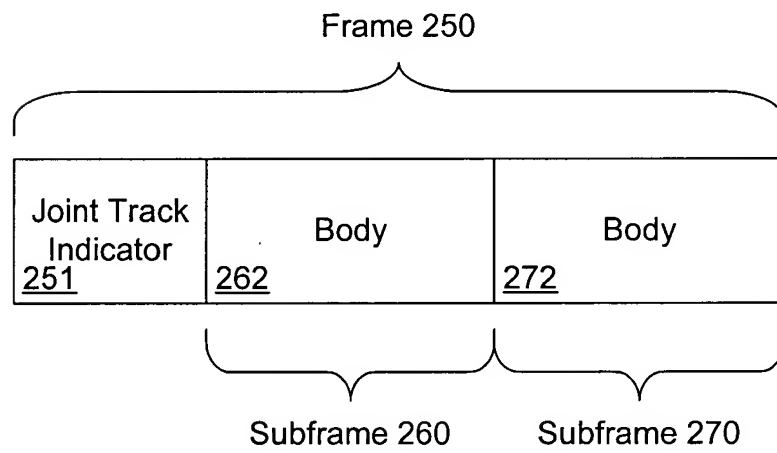


FIG. 2B



300		301	302	303
		Joint Starting Track Indicator	Subframe 0 Starting Track	Subframe 1 Starting Track
311		00000	T0	T0
312		00001	T0	T1
313		00010	T0	T2
314		00011	T0	T3
		⋮	⋮	⋮
315		01101	T2	T3
316		01110	T2	T4
317		01111	T3	T0
		⋮	⋮	⋮
318		10110	T4	T2
319		10111	T4	T3
320		11000	T4	T4

FIG. 3

400				
	401	402	403	404
	Joint Starting Track Indicator	Subframe 0 Starting Track	Subframe 1 Starting Track	Subframe 2 Starting Track
411	00000	T0	T0	T0
412	00001	T0	T0	T1
413	00010	T0	T0	T2
414	00011	T0	T1	T0
	⋮	⋮	⋮	⋮
415	01101	T1	T1	T1
416	01110	T1	T1	T2
417	01111	T1	T2	T0
	⋮	⋮	⋮	⋮
418	10111	T2	T1	T2
419	11000	T2	T2	T0
420	11001	T2	T2	T1
421	11010	T2	T2	T2

FIG. 4

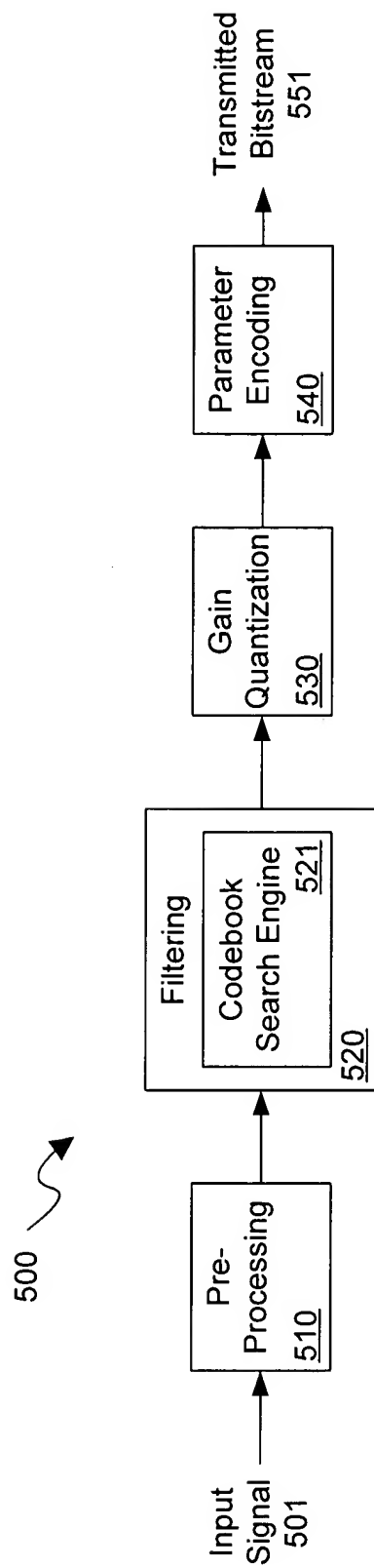


FIG. 5